Your Literally Ausome Individual Strengths and Skills Inventory

Area	Your description of strengths and interests
Social	
Examples: * Interacts best with adults * She enjoys talking to peers about her favourite video games * Points to objects he wants to bring to the attention of his peer	
Behaviour, interests and activities	
Examples: * Has strong interests and extensive knowledge about animals, especially horses *Handles the transition from lunch time to silent reading well	
Communication	
Examples: * Has a good vocabulary when motivated to speak * More willing to speak when talking about her interests, especially owls	
Sensory	

Adapted from Aspy & Grossman, 2011

literally ausome

Your Literally Ausome Individual Strengths and Skills Inventory

Examples: * Tolerates the noise in the school hall during PE class * Eats a variety of food	
Cognitive	
Examples: * Demonstrates a strong attention span when on the iPad * Can remember a large number of facts about owls	
Motor	
Examples: * Is aware of her environment when he wants to stim * Demonstrates good balance, and is able to use the treadmill	
Emotional	
Examples: * Peter copes best when he is rested * Sam can recognise when she is angry	

Adapted from Aspy & Grossman, 2011

literally ausome